



David was referred to the Opportunity & Change programme by a work coach at Newark Job Centre Plus. David had recently lost his job and a knock on effect from this was he lost the room that he was renting. He found out that the people who were living at the house were actually tenants themselves and they sublet the room to Dave illegally. He was unable to claim housing benefit so they told him to leave as he couldn't pay them any rent. David was spending his time sofa surfing between a few friends and sleeping rough.

David met with an Opportunity & Change Navigator and the first thing they did was complete a referral application form for Russell House, which provides accommodation and support for 15 single homeless people. Russell House interviewed David and a few weeks later he was offered a place. David moved into Russell House and has since moved on into one of Framework's 'moving on' properties. He is receiving assistance from Framework with applying for a council tenancy.

David agreed to attend the Skills Plus for Change sessions which cover things from healthy living to keeping a tenancy. The sessions took place every Friday morning for two hours. David said that it would give him something to look forward to every week and give him something to focus on.

Now that David had a place to live, it was a good time to start concentrating on job search activities. He updated his CV and started to attend weekly supported job search sessions and some interview technique sessions. Gradually his confidence started to come back.

David has secured a part-time job at a local distribution centre, working 2 days a week (15 hours) and even though he will still be signing on with the Job Centre, this is a fantastic start for him.

David will continue to attend Skills Plus for Change sessions and will be starting at the Framework workshop in Bulwell to do a bicycle maintenance course.

David has said that his life was turned upside down when he lost his previous job and he was made homeless but with the help and support he's received from Framework letting him know what was available to him he started to get his life back on the right track.

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